



# Digital Safety

Navigating the Digital World

# OBJECTIVES

- **INCREASE KNOWLEDGE ON COMMON APPS AND THEIR PURPOSE**
- **GAIN AWARENESS OF CHALLENGES CLIENTS FACE WITH MEDIA & TECHNOLOGY**



**WHAT SITES ARE  
OUT THERE?**



# SOCIAL CONNECTION

**FACEBOOK  
INSTAGRAM  
SNAPCHAT**

## **HOW DO PEOPLE USE THESE?**

- **PHOTO AND VIDEO SHARING**
- **GAIN FOLLOWERS AND GET CONTENT "LIKED"**
- **PRIVATE DIRECT MESSAGING OF PICTURES, VIDEOS, OR CONVERSATIONS**
- **FIND COMMUNITY WITH LIKE-MINDED USERS**
- **SHARE LOCATION ON POST**



# VIDEO SHARING



**TIKTOK**  
**HOUSE PARTY**  
**YOUTUBE**

## HOW DO PEOPLE USE THEM?

- **PERFORM TO SONGS AND POST**
- **CONNECT WITH FRIENDS/STRANGERS**
- **BUILD UP A FOLLOWING**
- **GAIN EXPOSURE AND FOLLOWERS**
- **BROWSING CONTENT/ VIDEOS**



# **CALCULATOR VAULT OR CALCULATOR+**

- **NOT A SOCIAL MEDIA APP**
- **USED TO STORE CONTENT THEY WISH TO KEEP PRIVATE**
- **YOU CAN TELL IF THIS HAS BEEN INSTALLED ON CLIENTS 'PHONES**



# EASE OF ACCESS

**THESE APPS CAN BE DOWNLOADED ON EVERY IOS OR ANDROID DEVICE**

**HOW TO DOWNLOAD:**

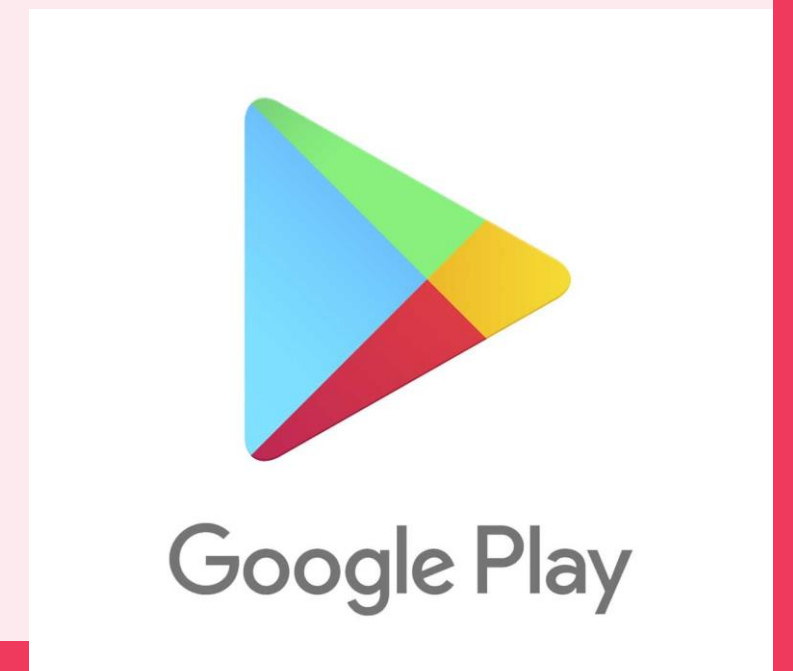
**APPLE:**

- **VISIT THE APP STORE**
- **SEARCH APP NAME**
- **CLICK "INSTALL"**
- **VERIFY INSTALLATION BY FACE ID OR ENTERING APPLE ID**

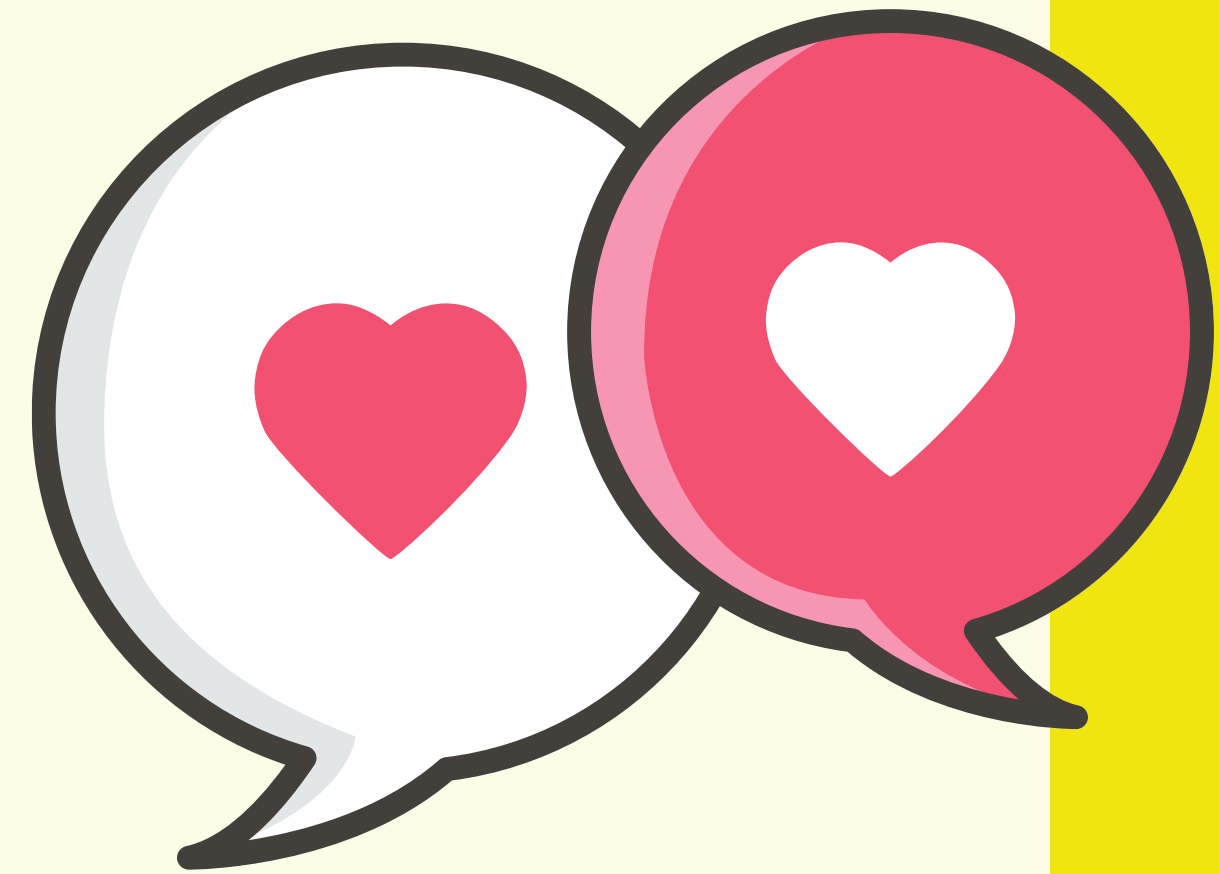


**ANDROID:**

- **VISIT GOOGLE PLAY STORE**
- **SEARCH APP NAME**
- **INSTALL APP**



# **RELATIONSHIPS AND TECHNOLOGY**

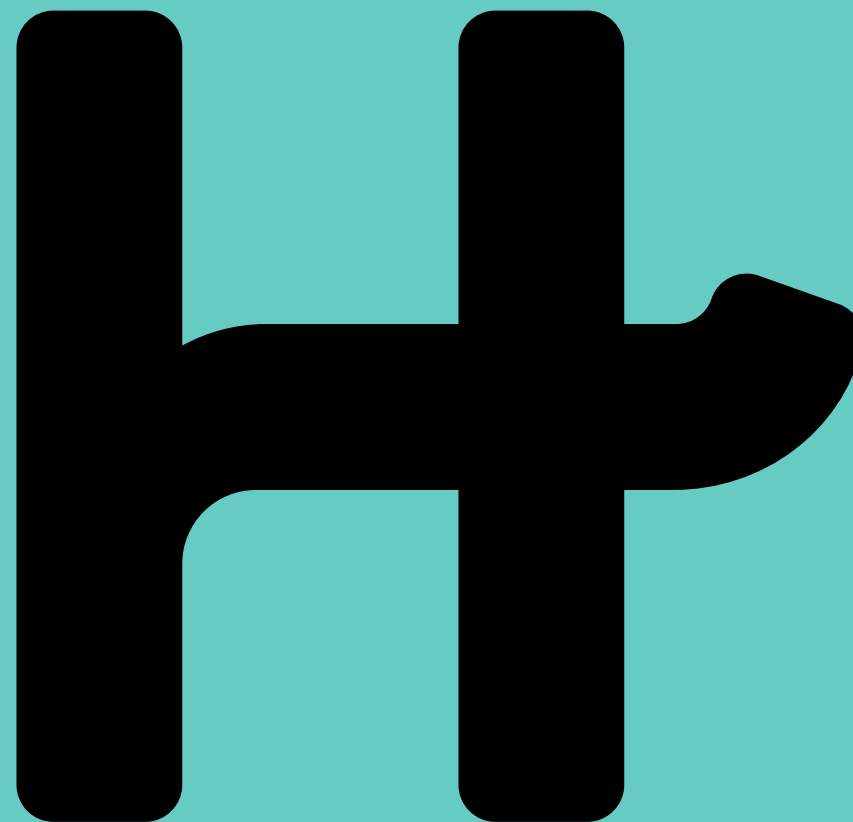




# DATING APPS



**TINDER**



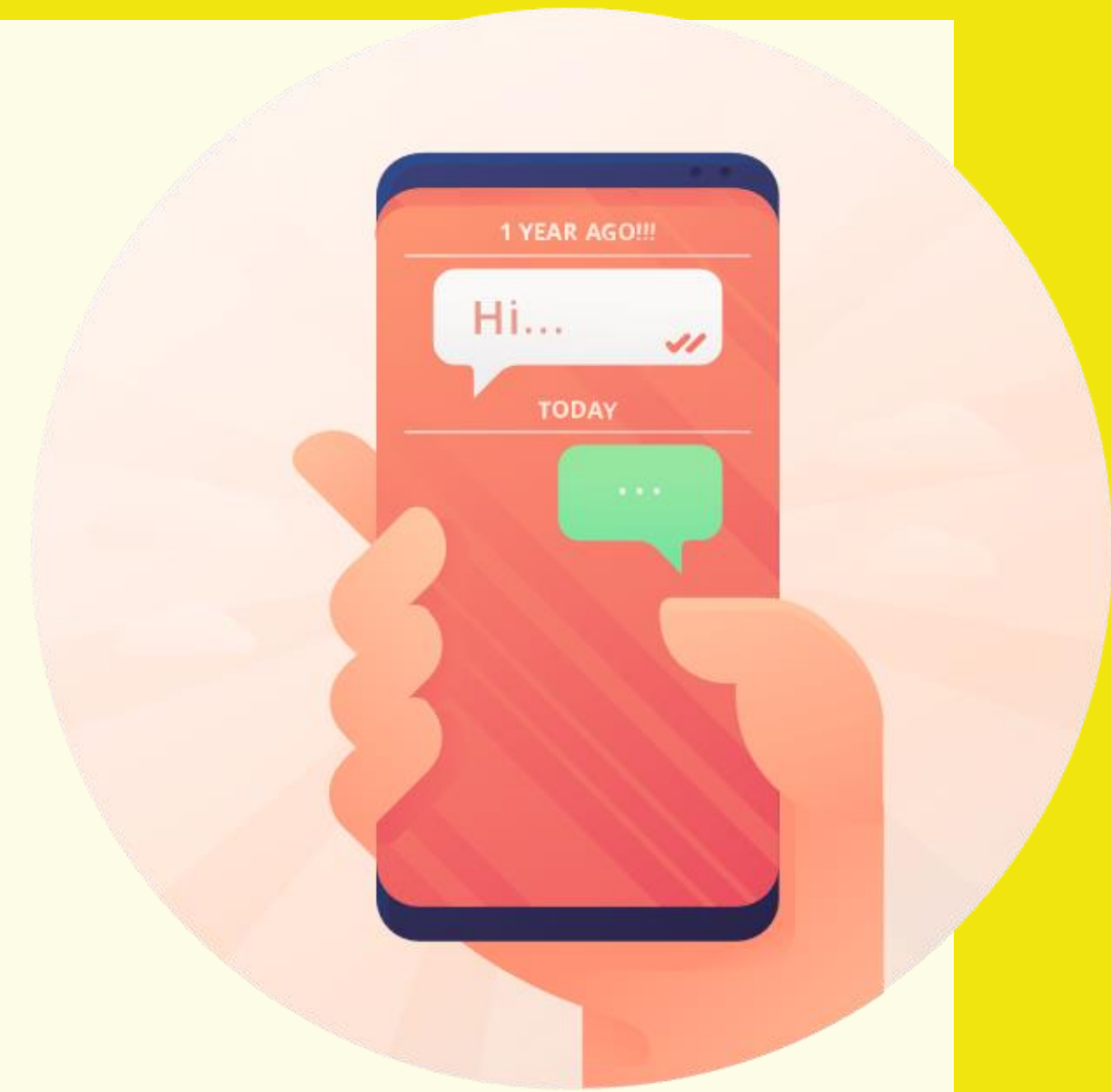
**HINGE**



**BUMBLE**

Location-based dating apps allow users to like (swipe right) or dislike (swipe left) other users and allows users to chat if both parties like each other in the app (a "match").

**HOW DO YOU THINK  
TECHNOLOGY USED  
FOR POWER AND  
CONTROL?**



# FORMS OF DIGITAL ABUSE

Used my social networking account without permission



Created a profile page about me, knowing it would upset me



Wrote nasty things about me on his or her profile page



Posted embarrassing photos of me online



Used information from my online profile to harass me



Made me feel afraid when I did not respond to calls or texts



Threatened, by text, to harm me physically



Sent me so many messages that I felt unsafe



Spread rumors about me online or through texts



Sent threatening text messages, IMs, or chats that made me feel scared

Sent me unwanted sexual photos and messages to engage in sexual acts



Pressured and threatened me to send a sexual photo of myself



Took video of me and sent it to friends without my permission



# ONLINE SEXUAL SOLICITATION



**SUPPORTING  
EACH OTHER**

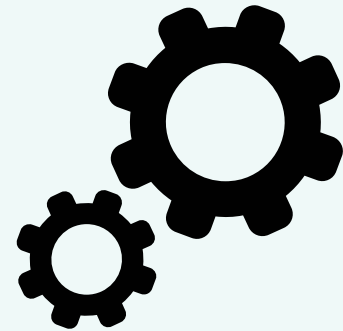




# SAFETY TIPS FOR DIGITAL USE



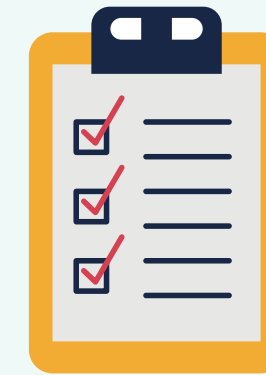
**ONLINE DANGERS**



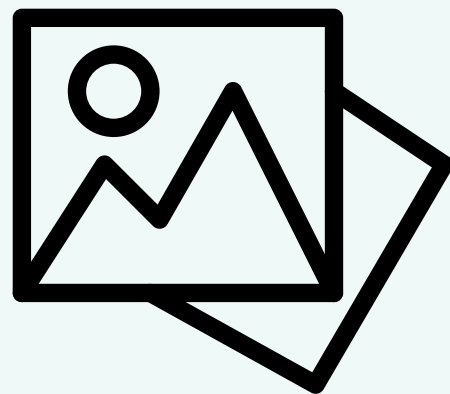
**ADJUST YOUR  
PRIVACY  
SETTINGS**



**GET TO KNOW  
POPULAR APPS**



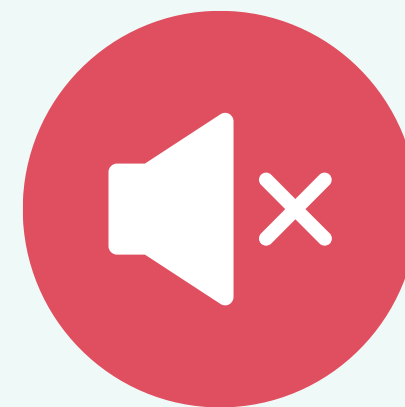
**REPORT VIOLATIONS**



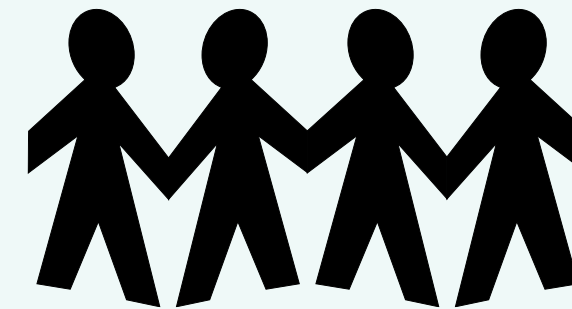
**RISKS OF  
SEXTING**



**KEEP PERSONAL  
INFO PRIVATE**



**MUTE HASHTAGS**



**START A FAMILY  
ACCOUNT**

# POST-TEST

